



# Domestic Violence

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# FCR's Programs & Services

- ▶ Individual Supportive Counseling
- ▶ Mental Health Treatment
- ▶ Address Confidentiality Program
- ▶ Civilian Police Advocacy
- ▶ Child Witness to Violence Services
- ▶ Emergency Safe Home Shelter Program
- ▶ Supervised Visitation Program
- ▶ Support Groups for Victims of DV
- ▶ Individual Advocacy for Victims of DV
- ▶ Batterers Intervention Program
- ▶ Services are open to Spanish, Cape Verdean and Portuguese speaking victims

# What is Domestic Violence?

- ▶ Domestic violence is a **pattern of coercive and controlling behaviors and tactics** used by one person over another to gain **power** and **control**.
- ▶ Abuse may be **verbal, financial, emotional, sexual and/or physical**.
- ▶ Domestic violence crosses **all sociological populations** including race, gender, class, and sexuality.

# The Facts

- ▶ Domestic violence is the **leading cause of injury** to women – more than car accidents, muggings, and rapes combined.
- ▶ **Every 9 seconds** a woman is assaulted or beaten in the U.S.
- ▶ Around the world, at least **1 in 3 women** have been beaten, coerced into sex, or otherwise abused in her lifetime. Most often the abuser is a **family member**.
- ▶ Up to **10 million children** witness some form of violence annually.
- ▶ Nearly **1 in 5 teenage girls** who have been in a relationship said a boyfriend threatened violence or self-harm when presented with a breakup.
- ▶ Every day in the U.S., **more than 3 women are murdered** by their husbands or boyfriends.
- ▶ 92% of women surveyed listed reducing domestic violence and sexual assault as their top concern.

# The Facts

- ▶ Based on the reports from 10 countries, between 55% and 95% of women who had been physically abused by their partner **never contacted non-governmental organizations, shelters or the police for help.**
- ▶ Domestic violence victims lose nearly **8 million days of paid work** per year in the U.S. alone – the equivalent of **32,000 full-time jobs.**
- ▶ **The cost of intimate partner violence in the U.S. exceeds \$5.8 billion a year;** 4.1 billion are for direct medical and health care services, while productivity losses account for nearly \$1.8 billion a year.
- ▶ Men who as **children witnessed** their parents' domestic violence were **twice as likely to abuse their own wives** than sons of nonviolent parents.
- ▶ **1 in 7 men** have been the victim of severe physical violence by an intimate partner in their lifetime
- ▶ **When we talk about domestic violence,** we're not talking about men versus women or women versus men. We're talking about violence versus peace. **We're talking about control versus respect.**

# Red Flags

## ▶ **Do you**

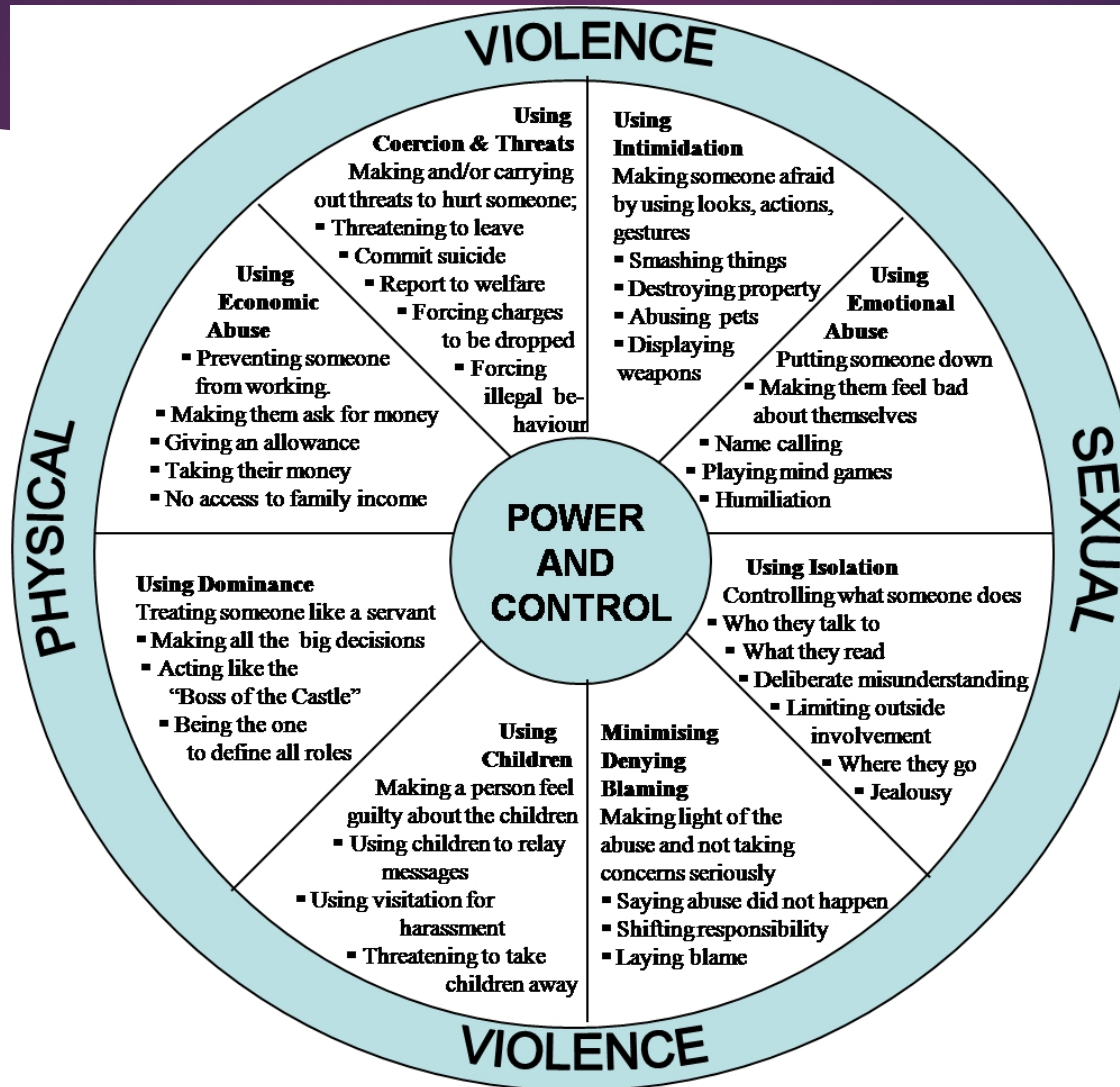
- ▶ Feel afraid of your partner?
- ▶ Feel you can't do anything right?
- ▶ Get embarrassed by your partner's behavior towards you?
- ▶ Believe you deserve to be hurt or mistreated?
- ▶ Avoid topics or situations out of fear of angering your partner?

# Red Flags

## ▶ **Does your partner**

- Humiliate, criticize, or yell at you?
- Blame you for his/her behavior?
- Threaten to hurt you?
- Threaten to take your kids away?
- Threaten to harm your kids or pets?
- Force you to have sex?
- Act jealous or possessive?
- Keep you from seeing friends and/or family?
- Limit your access to money or necessities?
- Keep you from getting a job and/or going to school?
- Constantly check up on you?
- Threaten to kill himself/herself or hurt himself/herself if you leave?

# Power & Control Wheels

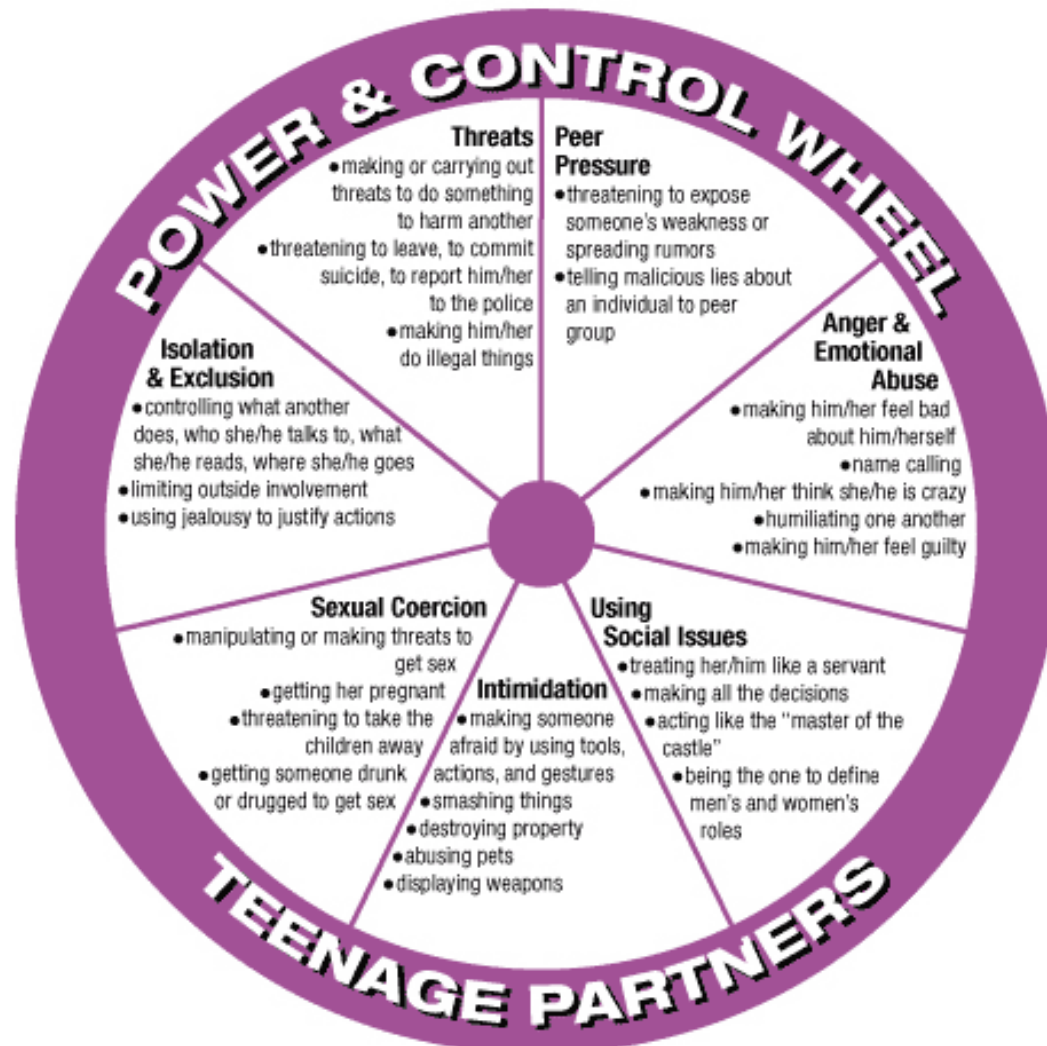




# THE POWER AND CONTROL WHEEL (For Teenage Partners)

(Source [www.dvert.org/info/teenpower.asp](http://www.dvert.org/info/teenpower.asp))

*ways in which victims feel controlled by their abusers  
and behaviors abusers use against victims*

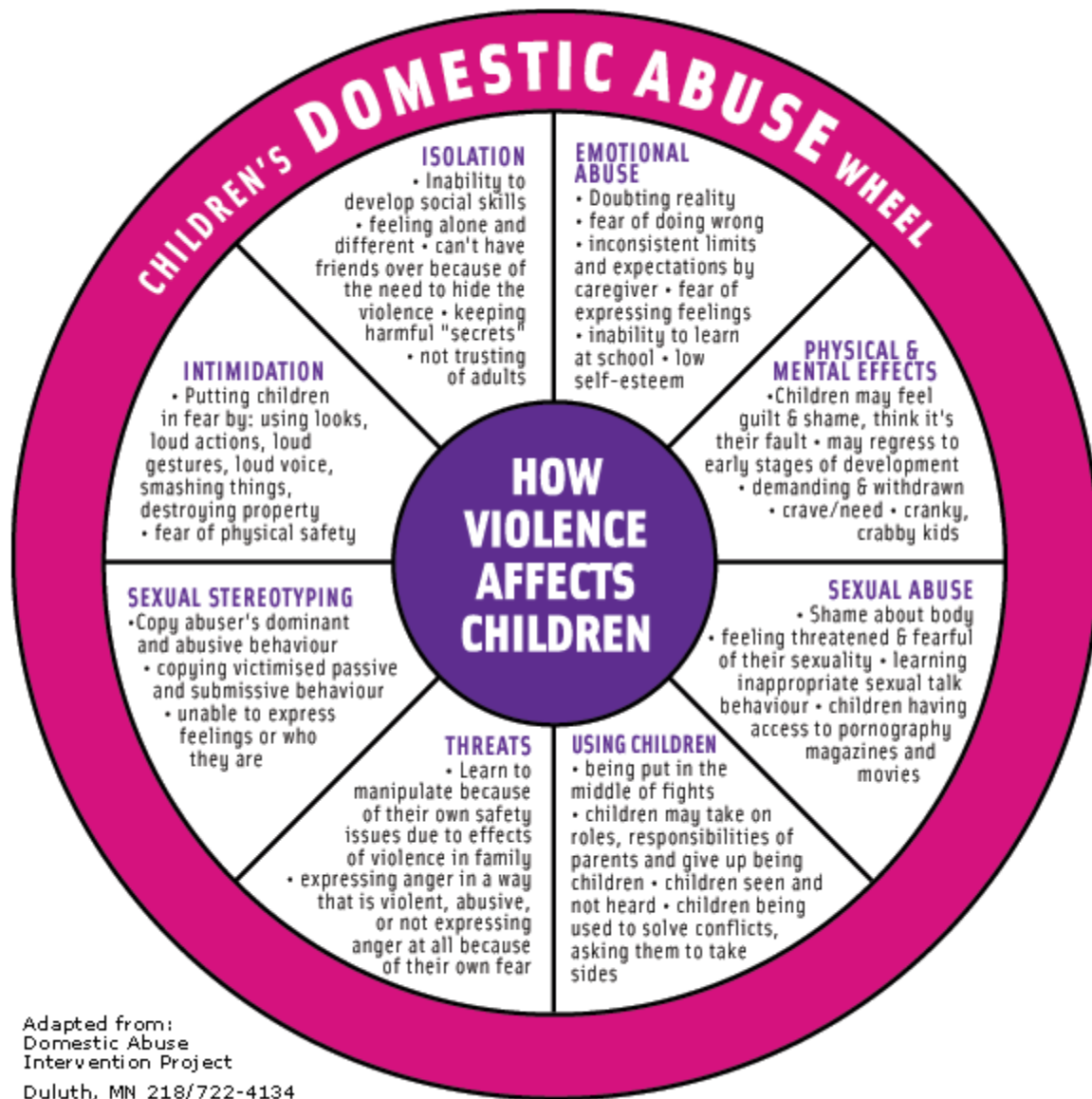


# CONTROL WHEEL

*for elder abuse*



Domestic Abuse Intervention Project, Duluth, Minnesota. Adapted for Sojour, 1992.

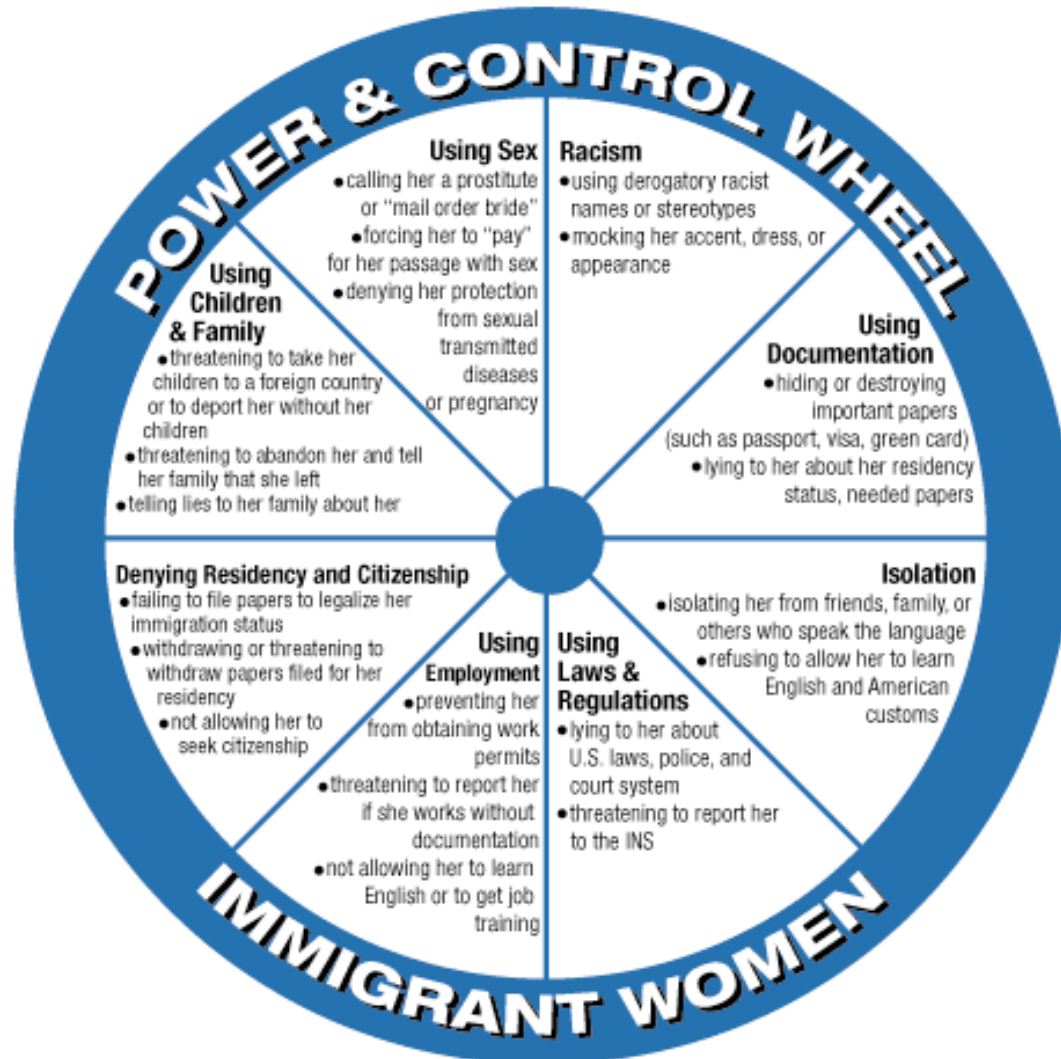


Adapted from:  
 Domestic Abuse  
 Intervention Project  
 Duluth, MN 218/722-4134

# THE POWER AND CONTROL WHEEL (For Immigrant Women)

(Source [www.life-span.org/immigrantwomenwheel.html](http://www.life-span.org/immigrantwomenwheel.html))

*ways in which victims feel controlled by their abusers  
and behaviors abusers use against victims*



# Immigrant Women Domestic Violence Statistics

- ▶ A study in NYC found **51% of intimate partner homicide victims were foreign-born**, while 45% were born in the US.
- ▶ In one study, 48% of Latinas reported their partner's **violence against them had increased since they immigrated** to the US.
- ▶ A survey of **immigrant Korean women** found **60%** had been **battered by their husbands**.
- ▶ **Married immigrant women** experience higher levels of physical and sexual abuse than unmarried immigrant women, **59.5%** compared to 49.8% respectively.
- ▶ Abusers often use their **partners' immigration status as a tactic to control**.

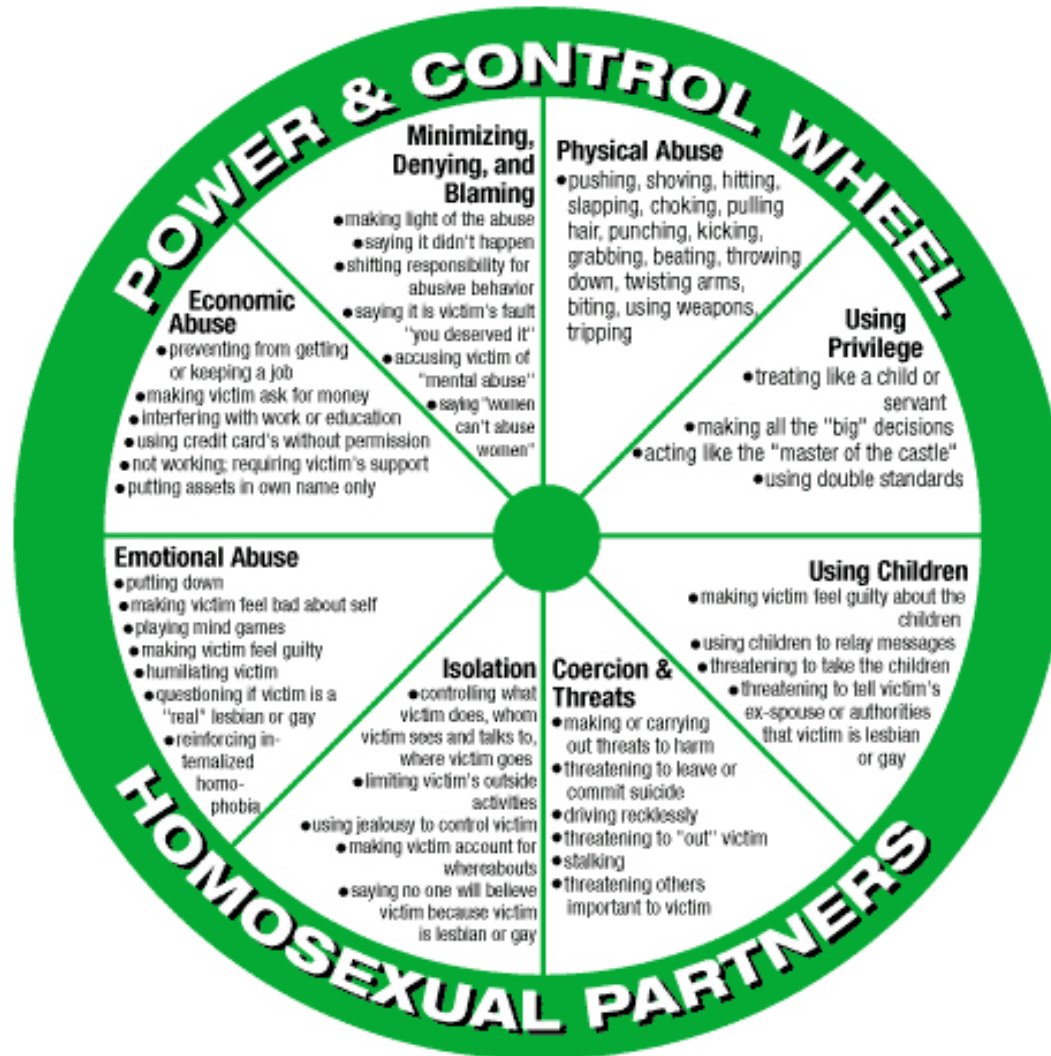
# Immigrant Women Domestic Violence Statistics

- ▶ Immigrant women often suffer higher rates of battering than non-immigrant citizens because they may have come from **cultures that do not identify domestic violence** or because they have **less access to services** such as legal and social services than US citizens. They are also more likely to be **socially isolated**.
- ▶ Battered immigrant women who attempt to flee may not have access to **bilingual services** - shelters, financial assistance, or food. It is unlikely that they will have assistance of a certified interpreter in court, when reporting complaints to the police or a 911 operator, or even in acquiring information about their rights and the **legal system**.

# THE POWER AND CONTROL WHEEL (For Homosexual Partners)

(Source Duluth Domestic Abuse Intervention Project and Roe and Jagodinski)

*ways in which victims feel controlled by their abusers  
and behaviors abusers use against victims*



# A Healthy Relationship





# Cycle of Violence



# “Why Do They Stay?”

## ▶ **Denial**

- ▶ Cycle of violence: Honeymoon stage, when abusers are charming and manipulative

## ▶ **Personal History**

- ▶ Belief that the relationship is normal due to upbringing

## ▶ **Fear**

- ▶ Fear of themselves, their family or pets being killed or injured trying to leave. Fear of being stalked or harassed. Fear of abuser threatening to kill him/herself. Afraid to be on their own.

## ▶ **Lack of Resources**

- ▶ Money, employment, social support and resources may have been kept from them by the abuser.

# “Why Do They Stay?”

## ▶ **Love**

- ▶ Some victims genuinely feel abuser is a good person with occasional “bad episodes”. The victim may truly love their partner and feel they want to “fix” the abuser.

## ▶ **Psychological Effects**

- ▶ Abusers make victims feel worthless, undesirable, ashamed and that the abuse is their fault.

## ▶ **Culture**

- ▶ Some victims feel it is their obligation to stay in the relationship due to religion or cultural values.

# Meeting the Need

**In one day** in 2018, 48 out of 48 **Massachusetts** identified domestic violence programs participated in the census...

- ▶ **1,785 survivors** were served in one day
  - **755 survivors found emergency shelter or transitional housing**
  - **1,030 adults and children received non-residential assistance and services**, including counseling, legal advocacy, and children's support groups.
  - **468 hotline calls answered**, 20 calls per hour
  - **299 unmet requests for services**, of which 77% (230) were for housing

# Meeting the Need

**Nationally** on this day, **74,823** survivors were served by 1608 programs.

- ▶ When shelter services weren't available
  - **58% return to abuser**
  - 44% become **homeless**
  - 14% of families **live in their cars**
- ▶ **Cause of unmet requests for help**
  - Loss of staffing and lack of resources
  - Delays in Federal Funding dispersements
  - Funding cuts for housing and legal advocacy services
  - Reduction in individual donations

"The best way to find yourself  
is to lose yourself in the service of  
others." – Mahatma Gandhi

THANK YOU! 😊